

Get Active Get Involved Feedback – 4th October 2019

Groups – now called: **Active groups**

1. What does groups mean to you?
2. Does the group want to name/define the Group:
 - Active groups
3. What would the next steps look like:
 - Move information
 - Visit other groups
 - More variety of activities
 - Social Groups
 - Taster sessions for all groups
4. What resources does the group need to get there:
 - Put information out there for all to access
 - Through emails, website, Youtube, all media
5. How does the group think we might achieve a successful group:
 - Make it as enjoyable as possible
 - Include everyone
 - Learn practical life skills e.g. change a plug
 - Use members with different skills
 - Provide a table pack with information on skills
6. How will the group connect to the community:
 - Council
 - Social Media
 - GP's
7. **How do we become the go to hub for groups & activities:** feedback using coloured dots

The main points the group thought were important to focus on to achieve this were:

- Advertise in libraries, CMHT's, GP's, baby clinics and other services
- Need a space to meet & discuss everything; have feedback sessions/hub once a month
- Use social media, email, text or letter to communicate

Date and times of hub sessions & logistics?

TBC