

We asked these questions regarding our Recovery & Wellbeing Service Connecting Communities.

Navigation

- ❖ What does navigation mean to you?
- ❖ What should a navigators role be in a mental health service (connecting communities)
- ❖ How do we become the go to navigation service?

Welfare & Benefits

- ❖ What does the right access to welfare & benefits mean to you?
- ❖ What do we need to do to increase the financial wellbeing of local residents?

Information Resource

- ❖ What does an online information resource mean to you?
- ❖ Describe what features an online directory of recovery and wellbeing should include?
- ❖ How do we become the go to information experts in Tower Hamlets?

Activate Café

- ❖ What does access to stigma free café mean to you?
- ❖ What should be included in the activate cafe
- ❖ How do we become a vibrant café that is accessible to people living with mental health?

Groups & Activities

- ❖ What does being involved in group & activities mean to you?
- ❖ Describe what a programme of activities looks like in a mental health service (connecting communities)
- ❖ How do we become the go to hub for groups & activities?