

Tower Hamlets Community Connectors



in Tower Hamlets
and Newham

We help people with serious mental health issues to connect with local support services to improve mental health & wellbeing

For more information contact us
0207 510 1081
thcc@mithn.org.uk

Our service is free to 18+ Tower Hamlets residents living in the Stepney and Wapping areas



East London
NHS Foundation Trust