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**Job Advert**

**Counsellor (P/T 22.5hrs per week) – Talking Therapy**

**Job Title** Clinical Counsellor – Talking Therapy Services

**Grade** NJC scale point 14-20, currently £29,048 - £32,010 FTE per annum inclusive of Inner London Weighting. Based on 22.5hrs at NJC SCP 14-20 is currently £17,428.80 -£19,206.00 (Inc ILW).

**Accountable to:** Counselling Operations Director

**Supervised by:** Counselling Service Manager

**Location:** Tower Hamlets and Newham Services

**Hours:** Part time, 22.5hrs per week, based on a 37.5 hrs working week

This service will include remote and face-to-face counselling and staff will be required to be available 1 evening per week.

Mind in Tower Hamlets, Newham and Redbridge are excited to promote this exciting role for the right candidate.

We are looking to recruit an experienced and qualified Counsellor for the Tower Hamlets Talking Therapy Service to provide psychological interventions for people with mild to complex presentations (step 2-3. They will provide appropriate therapy to clients from a diverse range of backgrounds and support psychological wellbeing and clinical recovery.

**About Us**

We are a local Mind Organisation, operating across Tower Hamlets, Newham, Redbridge and Havering. With 1 in 4 people experiencing mental health problems at some point in their lifetime, we have a vision of a society where people with mental health and emotional needs are accepted and included without fear of stigma and discrimination. We work towards a society where our clients’ needs, and ambitions are supported and where people with mental health and emotional needs are free from stigma and discrimination. We believe that everyone has the right to access comprehensive services which enables them to reach their full potential and to work towards their recovery.

Our Counselling and Psychotherapy services are accredited by the British Association for Counselling and Psychotherapy (BACP). As an accredited service by the BACP, the Psychological Therapies team operate within the [Ethical Framework for the Counselling Professions](https://www.bacp.co.uk/media/2176/bacp-ethical-framework-for-the-counselling-professions.pdf).

**The key duties will include:**

* Evaluate and make decisions about treatment options, considering both theoretical and therapeutic models
* Implement a range of specialist psychological interventions, employing methods based on proven efficacy, for individual clients and groups
* Adhere to an agreed activity job plan relating to the number of client contacts offered, and clinical sessions carried out per week
* Work closely with other members of the team ensuring appropriate step-up and step-down arrangements are in place to maintain a stepped care approach.
* Be responsible for recording, monitoring, and reporting on clinical work
* Undertake risk assessment and risk management for relevant individual clients
* Making clinical allocation decisions following triage assessments
* Ensure the service is operating within the BACP code of Ethics and Practice and complies with the BACP Quality Standards

**Knowledge, Skills and Experience Required**

* To have a Psychotherapy or Counselling qualification to advanced Diploma Level or Degree level
* Accredited membership of the UKCP / BACP or BCP or prepared to work towards this within the first 6 months in post
* Proven experience of working within at least 2 therapeutic modalities, including in group settings
* Experience of the use of clinical outcomes measures, CORE 10, PHQ9 and GAD7
* Experience of using patient database systems (IAPTus or similar)
* Previous experience of working in an IAPT service (preferable)
* Experience of delivering counselling within a short-term framework
* Experience of engaging and communicating effectively with a diverse range of people
* Ability to make clinically sound decisions appropriate to a range of situations

The benefits of working for the organisation include 30 days annual leave, rising to 35 days after 5 years of service, training opportunities, good Company Pension Scheme, Death in Service Benefit and an Employee Assistance Programme.

The post is subject to a Right to Work Check and an enhanced Disclosure and Barring Service check.

We welcome applications from all sections of the community.

Please note that we reserve the right to close this vacancy early if we receive sufficient applications for the role.

**Closing date:** 5.00pm, Tuesday 20th December 2022

**Interview date:** 3rd January 2023