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JOB ADVERT

**Groups Support Worker - Sakinah**

# Job Title: Group Support Worker – Sakinah Project

**Grade:** NJC SCP 9, currently £26,833 single point scale FTE per annum, Inclusive Inner London Weighting, based on 22.5hrs is £16,099.80 pa (Inc ILW)

**Hours:** Part Time 22.5 hours per week

**Accountable to:** Operations Director – Mental Health Support Services

**Supervised by:** Services Manager – (Mental Health Services)

**Location:** Open House, Tower Hamlets, and partner community hubs/faith centres

**Contract Term:** Until April 2027 (Extension pending funding award)

**Closing Date:** 5pm, Friday 29th December 2023

**Interviews:** 16th January 2024

**Job description**

**About Mind in Tower Hamlets and Newham**

We are a local, registered charity affiliated to National Mind. The organisation supports those with mental health issues in Tower Hamlets, Newham and Redbridge towards recovery and leading a better life.

We believe that everyone has the right to access comprehensive services which enables them to reach their full potential and to work towards their recovery. We value diversity as a strength and our staff teams are from a variety of backgrounds which helps us to deliver services which are culturally aware and responsive to the needs of the diverse communities we serve.

**Purpose of the role**

Our aim is to create "safe spaces" for Muslim women to share their challenges and experiences of mental health and wellbeing within their community, share their stories through the process of storytelling and listening to action.

**Adopting our organisational culture**

We have a strong reputation for delivering high quality services and achieving positive outcomes.

Our practices are underpinned by our Kindness Charter, Professional Code of Ethics, Code of Conduct and organisational values. We expect everyone to embrace our culture, ethos and our anti-racist, anti-discriminatory and inclusive practices throughout their work.

**Key Responsibilities**

**Role Specific**

* Work with local faith centres, Faith Leaders, community groups and local services to raise awareness of mental health
* reduce the stigma and barriers to accessing support for women’s mental health
* develop peer support groups across the network.
* Contribute towards achieving Project KPI’s across the following areas: group attendances, delivery of groups, signposting and access to services, training of Peer Advocates
* Project promotion
* Monitoring and reports

**General**

* Comply with, promote, and contribute to the development of MindTHNR’s: Aims and

Values, Equality, Diversity and Inclusive principles and all organisational policies.

* Attend appropriate internal, external training courses, E-Learning, supervision, and staff team meetings and away days.
* Be administratively self-servicing

**You must have:**

* Minimum Level 3 in Health and Social Care or equivalent
* 12 months experience of using social care skills working face to face with the public
* Demonstrable and substantial experience of working in mental health services
* 6 months of providing mental health/wellbeing services within a primary care setting
* Ability to offer various pathway options
* Risk Management
* Experience of group facilitation

**Desirable:**

* Knowledge of the NICE guidelines namely their Stepped Care Model
* Ability to speak a second language (Bengali, Somali, Polish etc.)

The benefits of working for the organisation include 28 days annual leave + Public Holidays, Development and Growth opportunities, Company Pension Scheme and an Employee Assistance Programme.

Post is subject to an enhanced Disclosure Barring Service check and Right to Work Checks.

As an anti-racist, anti-discriminatory and inclusive organisation, we strongly welcome applications from all sectors of the community.

To apply please send your CV together with a cover letter stating why you wish to apply and how you meet the role requirements and email to recruitment@mindthnr.org.uk